



QESH STANDARDS LIMITED

QESH COOPERATE PROFILE

www.qeshstandards.com





ABOUT US

Established in 2010, QESH Standards Limited stands as a beacon of excellence in the realm of Quality, Environment, Health, and Safety (QESH) standards, with an unwavering commitment to empowering individuals and organizations on a global scale.

Why Us?

- **Expertise:** Our team comprises seasoned professionals with a wealth of experience in QHSE standards and a passion for imparting knowledge.
- **Global Recognition:** Our international affiliations ensure that our clients receive services aligned with the highest global benchmarks.
- **Innovation:** We don't just follow standards; we set them. Our approach is fueled by a constant pursuit of innovation and improvement.

At QESH Standards Limited, we embody more than just a name; we embody a philosophy. Every interaction with QESH Standards Limited is characterized by understanding, collaboration, and the genuine desire to see our clients succeed.

Join us in navigating the realms of QHSE excellence. Whether you are an individual seeking professional development or a corporation striving for mastery, QESH Standards Limited is your trusted partner in the journey towards a future where quality, environmental responsibility, and safety define the gold standard.

Choosing QESH Standards Limited means choosing a partnership founded on trust, expertise, and a shared commitment to excellence.

Together, let's redefine the boundaries of excellence, forge new paths in sustainability, and elevate the standards of Quality, Environment, Health, and Safety.



OUR VISION

To become the best one-stop shop for all Quality, Health, Safety and Environment services by applying our QESH (Quality, Environmental, Safety & Occupational Health) Standard approach.

To also provide customer oriented QHSE services in training, consulting, certification, and manpower services by utilizing the best applicable approach to respond to various QHSE concerns across the industries and world at large.

OUR MISSION

QESH Standards maintains her corporate philosophy in providing best solutions to Occupational Quality, Health, Safety and Environmental needs through passionate understanding of current challenges; exploring contemporary best practices; cutting-edge approaches, adopting tailored services that considers prevailing technological advancement.

QESH acknowledges that business sustainability is achievable, and providing the right products or services the first time without any loss of resources is a profitable business. This is our moral obligation and that is what we stand for.

Our Core Values - *Customers' Satisfaction, *Excellence, *Goal oriented, *Value for money, *Loss prevention, *Business mutual benefit, *effective & efficient approach, *continual improvement.



Message From The CEO

Dear Valued Partners and Future Collaborators,

It is with great pleasure and pride that I extend a warm welcome to you on behalf of QESH Standards Limited.

For over a decade, we've been dedicated to shaping excellence in Quality, Environment, Health, and Safety standards. Our journey has been one of continuous learning, innovation, and a steadfast commitment to the highest industry benchmarks.

At QESH, we don't just offer services; we provide pathways to mastery. Our training programs are meticulously designed to empower individuals and organizations, cultivating a culture of safety, sustainability, and operational brilliance.

In the realm of manpower supply and management consultancy, we stand as architects of efficiency. Whether you seek skilled manpower or strategic guidance, QESH is your partner in progress.

To our esteemed clients, thank you for entrusting us with your aspirations. To potential partners, we invite you to join hands in sculpting a future where excellence is not just a goal but a shared reality.

Welcome to QESH Standards Limited – where innovation meets integrity, and success is a journey we embark upon together.

Best Regards,

Dr. Foreman Onuoha
MD/CEO, QESH Standards
Limited
(Key Consultant)



PROFESSIONAL PROFILE

Foreman Onuoha, PhD – CertIOSH, FISPAN, FECRMI, MIIRSM, FOSHA, FIMC

- QESH Standards Limited – Managing Consultant (2011 - till Date),
- URS Certification (Nigeria) Limited – Country Director (2021 - till Date),
- Over 24 years practical field, management, academic, consultancy, auditing QHSSE experience cutting across the Oil and Gas, Manufacturing, Power and Construction Industries in formulating/developing, implementing and auditing organisation's Quality / Health & Safety / Environment Management system for continual improvement; Experienced in managing HSSE (HSSE manager) in accordance with Company's (multinational) standards and legislative requirements; managed over 35 projects in line with approved Project HSE plan.
- Last Full-time Employment: HSE Manager / Internal Quality Auditor - Socotherm / Pipecoaters Nigeria Limited / TENARIS (Nigeria) Limited (2013)
- Certificated Health & Safety Professional, Lead Auditor and International approved Trainer (SEQM, UK) (Till Date)
- PhD in Occupational Health and Safety – 2021, University of Port Harcourt, Rivers State. Nigeria
- PhD in Industrial and Organisational Psychology (In View) – 2014, Walden University, Maryland, USA
- Masters degree in Environmental Technology and– 2002, Federal University of Technology, Owerri, Imo State. Nigeria
- NEBOSH International Diploma in Occupational Safety and Health (UK)
- Non-Destructive Testing – PT/MPI Level II (ASNT Accredited)
- First set of Safety Consultant for the 9th Assembly of NASS (House of Representatives)
- Past Chairman of Institute of Safety Professionals of Nigeria, Rivers Branch (2016)
- Current Deputy President of the Institute of Safety Professionals of Nigeria, Rivers Branch (2021)
- Institute of Safety Professionals of Nigeria – Resource Person / Instructor (2008 - till Date)
- Centre for Occupational Safety & Health and Environment, Institute of Petroleum Studies, University of Port Harcourt. – Resource Lecturer for Masters and PGD programs.(2017 - till Date)

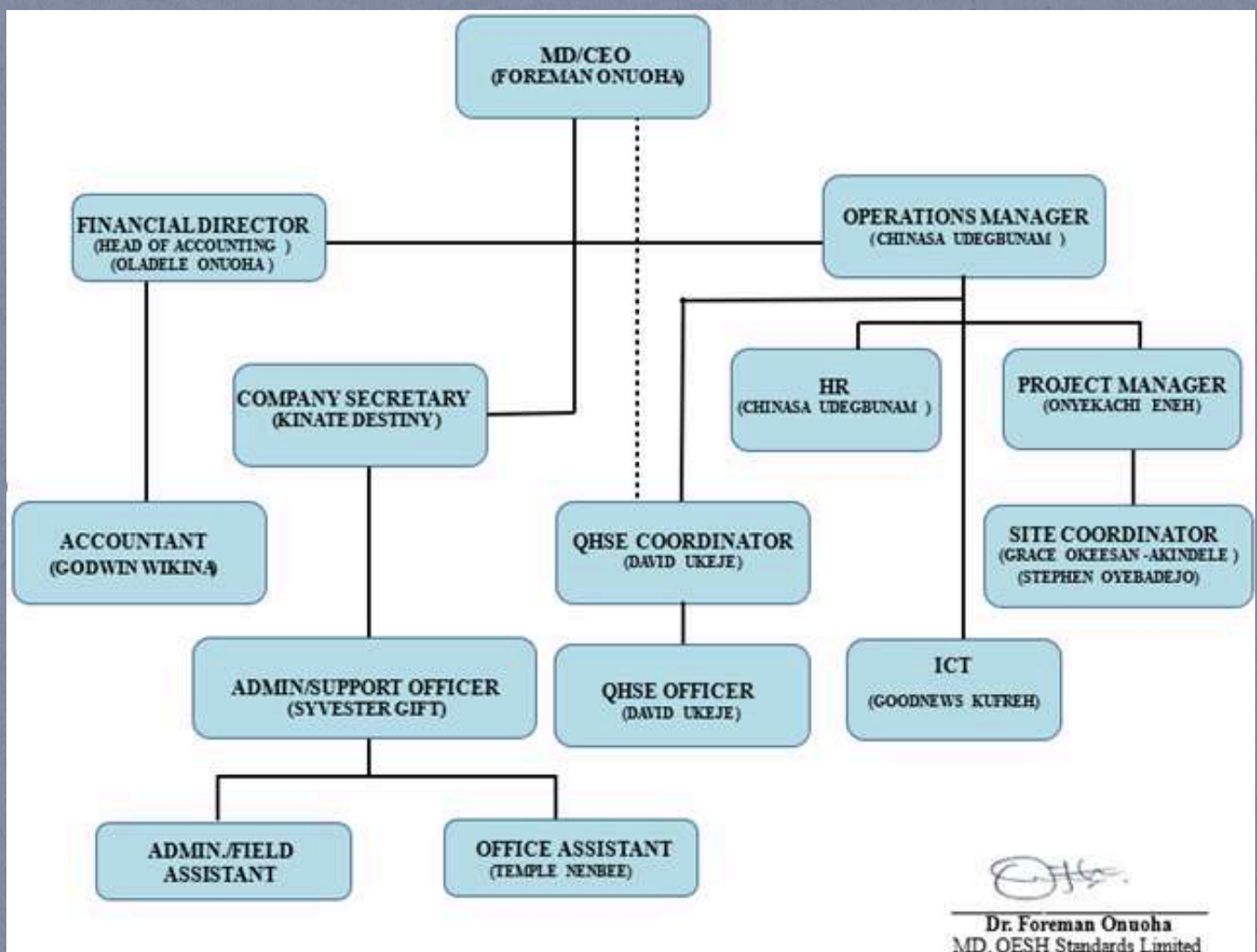


Our Structure

QESH Standards takes into cognisance the dynamic expectations and demands of clients, authorities, and other stakeholders, and in line with her commitment to provide satisfactory services of high standards has constituted team of experienced competent professionals to keep up to these goals.

QESH Standards is founded on Quality, Health, Safety and Environmental professionals in partnership with other seasoned professionals locally and internationally as affiliates and platforms, expanding her pool of resources to accommodate varying range of QHSE services to be delivered effectively and efficiently.

Amongst other competent vast experienced personnel, QESH Standards identifies key personnel for routine service delivery as follows.





Our Services

Training Services

INTERNATIONAL COURSES

S/N	COURSE SUBJECTS	LEVEL	NO. OF DAYS	AWARD
1	NEBOSH INTERNATIONAL GENERAL CERTIFICATE (IGC)	PROFESSIONAL	10 Days	NEBOSH CERTIFICATE (UK)
2	NEBOSH PROCESS SAFETY MANAGEMENT (PSM)	COMPETENCY	3 Days	NEBOSH CERTIFICATE (UK)
3	IOSH WORKING SAFELY	COMPETENCY	1 Day	IOSH CERTIFICATE (UK)
4	IOSH MANAGING SAFELY	COMPETENCY	1 Day	IOSH CERTIFICATE (UK)
5	QMS ISO 9001:2015 LEAD AUDITOR COURSE	PROFESSIONAL	5 Days	IRCA CERTIFICATE (UK)
6	EMS ISO 14001:2015 LEAD AUDITOR COURSE	PROFESSIONAL	5 Days	IRCA CERTIFICATE (UK)
7	OHSMS ISO 45001:2018 LEAD AUDITOR COURSE	PROFESSIONAL	5 Days	IRCA CERTIFICATE (UK)
8	BCM ISO 23001:2019 LEAD AUDITOR COURSE	PROFESSIONAL	5 Days	IRCA CERTIFICATE (UK)
9	FSMS ISO 22000:2018 LEAD AUDITOR COURSE	PROFESSIONAL	5 Days	IRCA CERTIFICATE (UK)
10	ISMS ISO 27001:2022 LEAD AUDITOR COURSE	PROFESSIONAL	5 Days	IRCA CERTIFICATE (UK)



Our Services

Training Services

QESH SPECIALIZED COURSES

S/N	COURSE SUBJECTS	LEVEL	NO. OF DAYS	AWARD
1	QMS Awareness Course	Basic	Online	QESH CERTIFICATE
2	EMS Awareness Course	Basic	Online	QESH CERTIFICATE
3	OHSMS Awareness Course	Basic	Online	QESH CERTIFICATE
4	QMS Internal Auditor Training	Basic	2 Days	QESH CERTIFICATE
5	OHSMS Internal Auditor Training	Basic	2 Days	QESH CERTIFICATE
6	EMS Internal Auditor Training	Basic	2 Days	QESH CERTIFICATE
7	Basic OHS Training	Basic	1 Day	QESH CERTIFICATE
8	Basic First Aid Training	Basic	1 Day	QESH CERTIFICATE
9	Basic Fire Fighting Training	Basic	1 Day	QESH CERTIFICATE
10	Basic Confined Space Entry Training	Basic	1 Day	QESH CERTIFICATE
11	Basic Electrical Safety Training	Basic	1 Day	QESH CERTIFICATE
12	Advanced First Aid & CPR Training	Basic	2 Days	QESH CERTIFICATE
13	Advanced Fire Fighting Training	Basic	2 Days	QESH CERTIFICATE



Our Services

QESH SPECIALIZED COURSES

S/N	COURSE SUBJECTS	LEVEL	NO. OF DAYS	AWARD
14	Risk Assessment Training	Basic	1 Day	QESH CERTIFICATE
15	Quality Assurance & Quality Control Training (QA/QC)	Basic	1 Day	QESH CERTIFICATE
16	Documentation Training	Basic	1 Day	QESH CERTIFICATE
17	Food Safety Management Training	Basic	1 Day	QESH CERTIFICATE
18	Job Hazard Analysis Training	Basic	1 Day	QESH CERTIFICATE
19	Emergency Response Training	Competency	1 Day	QESH CERTIFICATE
20	Accident / Incident Investigation Reporting Training	Basic	1 Day	QESH CERTIFICATE
21	Defensive / Driving Training	Competency	1 Day	QESH CERTIFICATE
22	Journey Management Training	Basic	1 Day	QESH CERTIFICATE
23	Behavioral Based Safety Training	Basic	1 Day	QESH CERTIFICATE
24	COSHH / SHOC Training	Basic	1 Day	QESH CERTIFICATE
25	Chemical Handling Training	Basic	1 Day	QESH CERTIFICATE
26	Permit – to – Work Training (PTW)	Basic	1 Day	QESH CERTIFICATE
27	Log Out / Tag Out Training (LOTO)	Basic	1 Day	QESH CERTIFICATE



Our Services

QESH SPECIALIZED COURSES

S/N	COURSE SUBJECTS	LEVEL	NO. OF DAYS	AWARD
28	Occupational Health & Hygiene Training	Basic	1 Day	QESH CERTIFICATE
29	MEDEVAC & Resuscitation Training	Basic	1 Day	QESH CERTIFICATE
30	Administrative / Secretarial Management Training	Basic	1 Day	QESH CERTIFICATE
31	HSE-Management System and Auditing	Basic	1 Day	QESH CERTIFICATE
32	Gas Testing Training	Basic	1 Day	QESH CERTIFICATE
33	Fire Prevention Plans Training	Basic	1 Day	QESH CERTIFICATE
34	Heavy Duty Operators Training (Crane, Forklift, Pay-loader, lifting & Hoisting etc)	Basic	1 Day	QESH CERTIFICATE
35	HACCP Training	Basic	1 Day	QESH CERTIFICATE
36	Job Safety Analysis & Management System Training	Basic	1 Day	QESH CERTIFICATE
37	Unsafe Auditing Training	Basic	1 Day	QESH CERTIFICATE
38	Root Cause Analysis Training	Basic	1 Day	QESH CERTIFICATE
39	Prevention Workplace Violence	Basic	1 Day	QESH CERTIFICATE
40	Food Handling & Hygiene Training	Basic	1 Day	QESH CERTIFICATE



Our Services

Implementation & Consultancy

Creating effective management systems takes more than just a plan—it requires a structured approach and expert guidance. Our Implementation & Consultancy Services provide a clear path from the start to long-term success, ensuring your systems add real value instead of just checking boxes for audits.

1. Discovery & Gap Analysis

We begin by learning about your organization, how things work, and where improvements are needed. We compare your processes against global standards like ISO and others, then deliver a straightforward report that highlights both quick wins and long-term opportunities.

2. Tailored System Design

Based on the gap analysis, we design a system that works for your organization. We make complex standards easy to follow by breaking them down into clear procedures, simple templates, and visual tools. If you have overlapping standards, we combine them into one efficient system.

3. Hands-On Implementation

Our job isn't just to provide paperwork—we help you put the system into practice. We run workshops, coach teams on new processes, and set up tools to make data collection and reporting easier. We test the system in smaller areas first to work out any kinks before rolling it out fully.

4. Competence Development & Change Management

A system only works if the people using it are on board. We help your team build the skills they need to succeed, while also guiding you through any changes in the organization. Our goal is to make sure everyone understands the system and how it helps the company grow.

5. Performance Verification & Certification Support

Once the system is in place, we monitor its effectiveness and help prepare for certification. We perform internal audits and support you through external assessments, making sure everything is in order so you can pass with ease.

6. Continuous Improvement & Ongoing Consultancy

Even after certification, we stay with you. We regularly check the system's performance, offer data-driven insights, and share best practices to help you improve. Whether you need ongoing advice, extra support at new sites, or help with long-term goals, we're here to ensure your system keeps delivering value.

Table 1

Month: to be agreed	Implementation						Application			Cert.		
	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
1. Definition of Scope/Initial Review												
2. Agreement of Organisational Responsibilities												
3. Training Needs Analysis												
4. Hazard Identification & Risk Assessment												
5. Register of Legislation												
6. Policy / Objectives												
7. Management Programme												
8. Design of Documentation & Integration												
9. Training Delivery												
10. Generation of Records												
11. Auditing												
12. Management Review						X						
13. System Implementation Team	X			X			X			X		
14. Pre-Certification visit by Kitlian												
15. Certification									X			1



Our Services

Equipment Certifications & Inspections

We provide inspections and certification for lifting equipment, accessories, and vessels (cranes, forklifts, tanks, slings, hooks, etc.) using Non-destructive test (NDT) methods - Dye Penetration, Magnetic Particle, Ultrasonic, Radiographic testing.

Services include:

- Compliance with QESH standards & regulatory requirements
- Load testing (static/dynamic), structural integrity checks, and safety device inspections
- NDT inspections for cracks, wear, and defects
- Operational & safety tests for cranes, hoists, and lifting gear
- Equipment calibration and remnant life assessment
- Repair supervision and certification

Our inspection services cover:

- Mechanical & Structural Checks: Brakes, clutches, wire ropes, sheaves, girders, rails, and load-bearing components.
- Load Testing: Static & dynamic tests to verify performance.
- NDT & Visual Inspections: Crack detection (hooks, structures) and distortion checks.
- Operational & Safety Tests: Functional checks of equipment and safety systems.
- Compliance & Certification: Regulatory assessments, remnant life analysis, and repair supervision.
- Pre-Use & Periodic Inspections: Mechanical, electrical, and structural evaluations.

Ensuring safety, compliance, and reliability.





Our Services

Manpower Outsourcing Services

From Multinational Conglomerates to MSMEs, every business entity understands the advantages of outsourcing. With ever increasing business demands companies want to stay focused on their core business activity and outsource support services to save time & energy. To remain competitive, they want to reduce costs and enhance employee productivity.

Our Services Include:

- Engineering Manpower – Project-based, peak-period, or specialized staffing, including turnkey solutions and payroll management.
- QHSE Professionals – Certified experts in Quality, Health, Safety, and Environment for the oil & gas sector.

We have personnel in the following categories:

- Quality Inspectors/Engineers (Experienced NACE I, II, III, ASNT I, II Certified, QMS Auditors)
- HSE Officers/Engineers (Experienced NISP, NEBOSH, ISO Auditors Qualified)
- QHSE Coordinators/Managers (Experienced NEBOSH Diploma, ISO Lead Auditor, Professional membership)
- Administrative officers/Secretaries/Personal Assistants/Customer Service officers
- Fire Officers





Our Services

Supplies

We deliver world-class personal protective equipment (PPE) and safety products through strategic partnerships with leading global manufacturers, ensuring quality, competitive pricing, and timely delivery.

Our Offerings Include:

Personal Protective Equipment (PPE)

- Head, eye, ear, respiratory, hand & foot protection
- Coveralls, fall protection, life jackets, reflective gear

Safety Equipment

- Firefighting gear, first aid kits, emergency alarms
- Signage, lockout tags, barriers, spill containment

Environmental Management

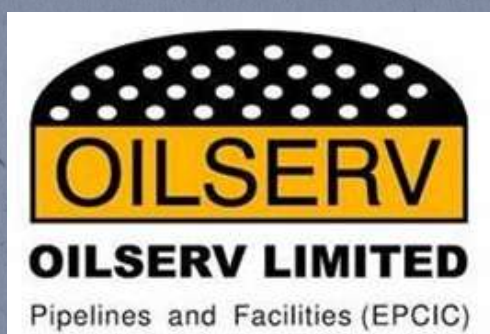
- Spill kits, absorbents, waste containers

Committed to providing customized safety solutions that meet international standards while prioritizing client needs.





A glimpse at some of our clients



Accreditation Bodies





QESH STANDARDS LIMITED



+234 80 9595 3739
+234 80 9595 3642
+234 91 6000 8305



Info@qeshstandards.com



www.qeshstandards.com



Rivers State Office Address

Suite 18 Rosyl Plaza, Along Trans-Woji Road, Port Harcourt, Rivers State.



Lagos Office Address

No 20 Oluseun Crescent,
By Anthony Bus-stop, Gbagada,
Lagos State.